



Scottish reindeer herd is thriving

Although Arctic reindeer are at risk in other parts of the world, a free-range herd in the Scottish Cairngorms is thriving. Reindeer became extinct in Scotland around 800 years ago due to over-hunting. In 1947, Swedish Mikel Utsi and his wife came to the highlands on honeymoon and thought the area would make a good home for his eight reindeer. Since 1952, the herd has grown to 150 and is looked after by a team of ten full-time herders. The herd are free to roam around 10,000 acres of land, so they are spread far and wide when it comes to feeding time. But young herder, Lotti Brooks, aged 23, explains, "They're really greedy, so they'll follow us whenever we have a bag of food!" The reindeer are all very different. Lotti says, 'Some love to be around people and some are very shy.' Each year, the newborn reindeer are given names around a theme. In 2019, they were named after European cities such as Oslo, Florence, Bordeaux and Athens.



Pictured: There can be thick snow in winter in Scotland when temperatures reach well below freezing. Source: Canva

African 'wild polio' vaccination success



*Pictured: Childhood vaccination programme in Central African Republic
Source: Pierre Holtz for UNICEF*

Vaccinations have been training the body to fight off diseases for decades. The vaccination against Covid-19, which took only ten months to develop, will help to protect people from becoming ill for years to come. As well as the Covid-19 vaccine, there have been other successful vaccination programmes around the world in recent years. In Africa, a disease called 'wild polio' affected thousands of children under five. There is no cure, but the polio vaccine gives lifelong protection. Since the vaccine was launched by President Nelson Mandela in 1996, wild polio was eradicated in most African countries, except for Nigeria. However, in August 2020, the World Health Organisation (WHO) announced that polio had been completely eradicated from the African continent. It was described as a 'public health triumph'.



Finding creative talents in Lockdown

Two Indian homemakers have used their talents to become successful businesswomen since Lockdown began in March 2020. Shalini Sharma and Mrinali Hariyal were creative cooks at home, but when restaurants closed last Spring in India due to the global pandemic, the women were encouraged by their families to offer their delicious food for sale to friends and other families. Some years ago, Shalini had decided to give up her job as a lawyer to stay at home with her young family but when she saw how popular her food had become in Lockdown, she wanted to start a new career for herself. 'Change is happening,' she explains. 'It's all about taking that small little step. Homemakers are coming out of their shells. And once you do it, there is no end to it.' Shalini prepares homemade treats such as curries, stews and chocolate and pumpkin cakes for her clients, while Mrinali has been asked to provide takeaway party food for a client's sister to celebrate her first wedding anniversary. Both women love what they do and they believe that the key to their success is all about finding ways to be creative with their talents.



Pictured: Delicious Indian takeaway treats! Source: Canva

Your thoughts on last week's news...

A good way of showing love is to make a surprise videocall to your loved ones or friends.
Antony – age 11

We can send letters to the people we love.
Joanna – age 6



What was your opinion on this week's news? Visit our discussion area, found here:

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to share your thoughts!

I think it's important to act kindly. You always need to be sensitive to other people's needs. Just listen and then act accordingly!
Patritsia – age 10

We can face chat or ring them to see how they are.
Layla – age 9



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